



FOR IMMEDIATE RELEASE

**The Retreat Marks Domestic Violence Awareness Month with
Resources, Giving Day And Powerful Talk with
Journalist, Advocate and Author Rachel Louise Snyder**

October 14, 2026 | 12 PM to 1 PM | On Microsoft Teams

EAST HAMPTON, NY — September 25, 2026 — Every October, The Retreat recognizes Domestic Violence Awareness Month (DVAM), a national campaign established in 1989 to amplify survivor voices, raise public awareness, and advocate for lasting change. Throughout the month, The Retreat stands alongside advocates nationwide to reaffirm its commitment to ending domestic violence and providing safety, shelter, and support to those affected.

This year's campaign includes educational outreach, survivor resources, and tools for community engagement — all available at AllAgainstAbuse.org/Events.

A Conversation with Rachel Louise Snyder

The campaign also includes a powerful conversation about domestic and intimate partner violence with journalist, advocate, and author Rachel Louise Snyder on Wednesday, October 14, from 12–1 PM ET on Microsoft Teams. Ms. Snyder will share insights from her groundbreaking book, *No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us*. The online conversation will explore what we may not see, and how greater understanding can help build safer, more supportive responses to domestic violence.

The event will be moderated by Jennifer Reyes, MS, RN, Magnet Program Director at North Shore University Hospital, and is sponsored by Northwell's Domestic/Intimate Partner Violence Awareness Team Member Support Workgroup, Employee & Family Assistance Program, and Katz Institute for Women's Health, alongside The Retreat.

"This event is a true collaboration, and we're proud to be partnering with such respected agencies to bring this important conversation to the public," said Cate Carbonaro, Executive Director of The Retreat. "Rachel Louise Snyder's work has changed the national conversation about domestic violence, and we're honored to bring her insights directly to our community during Domestic Violence Awareness Month."

To register, visit AllAgainstAbuse.org/Events and click on "Talk with Rachel Louise Snyder."



Purple Thursday, Giving Day and Spotlighting Elder Abuse

Another key moment during the month is **Purple Thursday**, observed on **October 15**. On this national day of action, individuals are encouraged to wear purple to show solidarity with survivors and promote healthy relationships.

The date will also serve as [The Retreat's Giving Day](#), a key fundraising effort to support the organization's free and confidential services for survivors of domestic violence, abuse, sexual assault and human trafficking. Donations can be made at [AllAgainstAbuse.org/GivingDay](#).

Finally, also on October 15th, the newly re-formed **Alliance Against Domestic Violence** will center this year's awareness campaign on emerging trends in family violence, with a focus on elder abuse. The Retreat, alongside government agencies, Suffolk County Police, and local service providers, will present at the H. Lee Dennison Building in Hauppauge. Cate Carbonaro will discuss what elder abuse can look like, how communities can better identify and support survivors, and the resources The Retreat offers.

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About the Retreat: The Retreat is a safe haven for families in crisis across Suffolk County. The not-for-profit agency provides comprehensive domestic violence and human trafficking support services for children and adults, as well as violence prevention programming. If you or someone you know needs help, call The Retreat's 24-hour hotline at (631) 329-2200. For more information, visit allagainstabuse.org or follow [@allagainstabuse](#) on Instagram and Facebook.